



Assistance Programs

Food and Nutrition Assistance

Program & People	Benefit	Eligibility Requirements	Authority
Supplemental Nutrition Assistance Program (SNAP) 27,081 average monthly caseload in SFY 2023	\$596.68 average monthly household allotment in SFY 2023	- Alaska resident - Net income of not more than \$1,518 for an individual or \$1,973 for a couple; levels increase based on household size - Not more than \$2,750 in assets per household, \$4,250 for a household who has at least one member who is disabled or over age 60	Federal / State Program PL 110-246 (2008) 7 CFR 271 – 274 AS 47.25.975 – 990 7 AAC 46.010 – 990
Supplemental Nutrition Assistance Education Program (SNAP ED) 4,233 clients served through policy, systems, and environmental change efforts and direct / indirect education. 41,774 clients reached through the social marketing campaign during SFY 2023.	Social marketing; policy, systems, and environment (PSE) changes; research; and direct client services. Nutrition education information is targeted to SNAP eligible populations	- Alaska resident - SNAP-Ed activities target communities and audiences where most individuals are SNAP eligible.	Federal / State Program PL 110-246 (2008) 7 CFR 271 – 274 AS 47.25.975 – 990 7 AAC 46.010 – 990
The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) 14,105 monthly participant average in SFY 2023	Provides nutrition education, referrals, breastfeeding support, and benefits to purchase supplemental foods designed to address nutrient inadequacies and nutrition education	- Alaska resident - Must have a nutrition risk - Pregnant, breastfeeding, and postpartum women, infants, and children up to five years of age - Must meet income criteria or must be within 185% of poverty - Yearly income of \$33,689 for a 1-person household, \$45,584 for a 2-person household (2023 - 2024). USDA updates income guidelines and is in effect May 1st through September 30th.	Federal / State Program PL 111-296 (2010) 7 CFR 246

Food and Nutrition Assistance (continued)

Program & People	Benefit	Eligibility Requirements	Authority
Breastfeeding Peer Counseling Program (BPCP) 4,845 contacts in SFY 2023	Provides breastfeeding support through a peer- to-peer counseling structure to WIC pregnant and breastfeeding women	• Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the BFPC program. • BFPC program benefits all WIC pregnant, breastfeeding, and infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure.	Federal / State Program PL 111-296 (2010) 7 CFR 246
Commodity Supplemental Food Program (CSFP) 2,467 average monthly caseload for FFY 2023	Provides supplemental foods designed to address nutrient inadequacies. Includes nutrition education.	• Alaska resident • 60 years or older • Annual income for one-person household of \$23,673 or \$32,032 for two-person household • Only available in Anchorage, Mat-Su, Kenai, Fairbanks, and limited outlying areas	Federal / State Program PL 111-296 (2010) 7 CFR 247
WIC Farmers Market Nutrition Program (FMNP) 4,838 participants in the Farmers Market Season of Summer 2023	Provide \$30 in benefits to purchase fruits, vegetables, and/or herbs from FMNP authorized Alaska farmers. Provide nutrition education materials	• Alaska Resident • Current WIC participants • Available in Anchorage, the Mat-Su Valley, Delta Junction, Fairbanks area, Kodiak, on the Kenai Peninsula, select locations in Southeast, and limited outlying areas. • Yearly income 185% below poverty level. 2023 income of \$33,689 for a 1-person household, \$45,584 for a 2-person household (2023 - 2024). USDA updates income guidelines and is in effect May 1st through September 30th.	Federal / State Program PL 11-296 (2010) 7 CFR 248
Senior Farmers Market Nutrition Program (SFMNP) 2,151 participants in Farmers Market Season of Summer 2023.	Provide checks to purchase fruits, vegetables, and/or herbs from SFMNP authorized Alaska farmers. Provide nutrition education materials.	• Alaska resident • Age 60 or older • Meets federal income guidelines • Available in Anchorage, the Mat-Su Valley, Fairbanks area, Delta Junction, Haines, on the Kenai Peninsula, and limited outlying areas. • Yearly income 185% below poverty level. 2023 income of \$33,689 for a 1-person household, \$45,584 for a 2-person household (2023 - 2024). USDA updates income guidelines and is in effect May 1st through September 30th.	Federal / State Program PL 111-296 (2010) 7 CFR 249

Medical Assistance

Program & People	Benefit	Eligibility Requirements	Authority
Medicaid 264,247 average monthly enrollees in SFY 2023	Provides medical assistance to needy individuals and families. Basically, it is intended to provide medical coverage for needy families with children, pregnant women, low-income adults, and aged, blind, and disabled persons	• To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the Medicaid category for which the recipient is eligible for • Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program • Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act	Federal / State Program PL 112-238 (2012) 42 USC 1396 AS 47.07 7 AAC 100.001 – 990 42 CFR 435
Chronic and Acute Medical Assistance (CAMA) 0 recipients in SFY 2023	Provides emergency medical coverage for persons who do not qualify for Medicaid	• Age 18 or older • Lack of other medical resources • Covered medical needs only include: ➢ A terminal illness ➢ Cancer requiring chemotherapy ➢ Diabetes and diabetes insipidus ➢ Seizure disorders ➢ Chronic mental illness ➢ Hypertension • Countable income of not more than \$300 for an individual or \$400 for a couple • Assets that do not exceed \$500	State Program AS 47.08.150 7 AAC 48.500 - 900

Assistance for Seniors & Disabled

Program & People	Benefit	Eligibility Criteria	Authority
Adult Public Assistance (including Interim Assistance and Old Age Assistance) 14,601 average monthly recipients in SFY 2023	Maximum \$1,276/month for an individual and \$1,899/month for a couple (as of January 2023) \$309.15 average monthly payment in SFY 2023	The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients. • Age 65 or older, blind, or disabled • Alaska resident • Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund • Monthly income below \$1,305 for an individual, \$1,843 for a couple, both eligible (as of January 2024)	State Program AS 47.25.430 – 615 7 AAC 40.020 – 900
Senior Benefits (SB) Program 9,678 average monthly recipients in SFY 2023	Monthly payment of \$76, \$175 or \$250 depending on income and program funding	• Age 65 or older • Alaska resident • Effective April 1, 2023 -- yearly income of below \$31,868 for an individual or \$43,120 for a couple	State Program AS 47.45.300 – 309 7 AAC 47.545 - 599

Heating Assistance

Program & People	Benefit	Eligibility Criteria	Authority
Heating Assistance Program (LIHEAP) 3,346 households served by the State in SFY 2023 8,833 individuals served by the State in SFY 2023	Provides help paying for home heating costs \$1,580.97 average benefit per State served household in SFY 2023	• Annual home heating costs must exceed \$200 • Gross monthly income at or below \$2,275 for an individual, \$3,079 for a couple (150% of federal poverty level) for FFY 2024 • Household with a person aged 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$175 in FY 2024	Federal / State Program PL 97-35 (1981) 45 CFR 96.80 - 89 7 AAC 44.010 – 900
Alaska Affordable Heating Program (AKAHP) 1,374 households served by the State in FY 2016	Provides help paying for home heating costs \$565/year average per State served household in FY 2016	This program's funding was eliminated so it has not been offered since FY 2016	State Program AS 47.05.010 AS 47.25.621 - 626 7 AAC 44.200 - 900

Assistance for Families with Dependent Children

Program & People	Benefit	Eligibility Criteria	Authority
Alaska Temporary Assistance Program (ATAP) 3,217 average monthly recipients in SFY 2023	Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children \$651.11 average monthly benefit per household in SFY 2023	- Alaska resident - Families with dependent children under age 18 - Child support cooperation 60-month time limit 2 states have no lifetime limit 36 states have a 60-month lifetime limit 8 states have a lifetime limit between 30-59 months 5 states have a lifetime limit less than 30 months - Participation in work activities and family self-sufficiency planning - Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60 - Net income of not more than \$1,812 for a family with 1 child, \$2,040 for a family with 2 children - Benefit amount based on income (lower if more income or less need) 62% include a parent and are subject to work and time limits 35% have used less than 2 years 7% have used between 2 and 3 years 8% have used between 3 and 4 years 6% have used between 4 and 5 years 6% have used more than 5 years (on allowable extension)	Federal / State Program 42 USC 602 – 608 45 CFR 200 – 499 AS 47.27.005 – 990 7 AAC 45.150 – 990
Child Care Assistance Program (CCAP) 2,173 average children per month in SFY 2023 <i>*Note: due to data breach, the average children represents 10 months of data</i>	Provides monthly subsidy to help with childcare expenses based on a sliding fee scale for eligible low-moderate income families. The family benefit is paid to the childcare provider on behalf of the family, based on geographic location, type of care, age of children, unit of care authorized, and child's attendance at the childcare facility.	- Parent(s) in the family must be participating in an eligible activity of working, attending school or a job training program, and meet non- financial and financial eligibility criteria. - Families must not exceed income limits which are set at 85% of adjusted 2023 median income for Alaska. - Child(ren) must be under the age of 13, be a US citizen or national or qualified alien, and reside with an eligible parent or parents; or be receiving or needing to receive protective services.	Federal / State Program PL 112-74 (2011) 42 USC 9858 45 CFR 98 – 99 AS 47.25.001 – 095 7 AAC 41.010 – 990

Other Assistance

Program & People	Benefit	Eligibility Criteria	Authority
General Relief Assistance (GRA) 236 cases in SFY 2023 303 recipients in SFY 2023	Provides for emergent basic needs for shelter, utilities, food, clothing, or burial	- Alaska resident - Have an emergent need for shelter, food, clothing, or burial - Assets that do not exceed \$500 - Countable income of not more than \$300 for an individual or \$400 for a couple	State Program AS 47.05.010 AS 47.25.170 7 AAC 47.050 - 290

Acronym Key

AAC	Alaska Administrative Code
ACA	Affordable Care Act
APA	Adult Public Assistance
AS	Alaska Statute
ATAP	Alaska Temporary Assistance Program
CAMA	Chronic and Acute Medical Assistance
CFR	Code of Federal Regulations
CSFP	Commodity Supplemental Food Program
FS	Food Stamps; now known as SNAP
GRA	General Relief Assistance
IA	Interim Assistance
LIHEAP	Low Income Heating Energy Assistance Program
NEOP	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
PL	Public Law
POMS SI	Social Security Administration Program Operations Manual System - Supplemental Security Income
SB	Senior Benefits
SNAP	Supplemental Nutrition Assistance Program; formerly known as Food Stamps
SSI	Supplemental Security Income
TEFAP	The Emergency Food Assistance Program
USC	United States Code
USDA	U.S. Department of Agriculture
WIC	Women, Infants, and Children